V. The Lord be with you. R. And with your spirit.

V. Lift up your hearts. R. We lift them up to the Lord.

V. Let us give thanks to the Lord our God. R. It is right and just.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord. Ascending above all the heavens and sitting at your right hand, he poured out the promised Holy Spirit on your adopted children. Therefore, now and for ages unending, with all the host of Angels, we sing to you with all our hearts, crying out as we acclaim: