V. The Lord be with you.  R. And with your spirit.

V. Lift up your hearts.  R. We lift them up to the Lord.

V. Let us give thanks to the Lord our God.  R. It is right and just.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God. For you bestow gifts suited to every season and guide the governing of your Church in wonderful ways. By the power of the Holy Spirit you come unfailingly to her aid, so that with a heart always subject to you she may never fail to seek your help in time of trouble nor cease to give you thanks in time of joy, through Christ our Lord. And so, in company with the
choirs of Angels, we praise you, and with joy we proclaim: